

# Pain Management | REQUISITION

Booking: **(403) 244-3700** Fax: **(403) 210-8382** 

Email your requisition to: mskbooking@efwrad.com

Date of Issue	DD/MM/YY		
Patient Information Name	mation P	Place patient label here	
DOB DD/MM/YY		Male Female	
Address		<del>_</del>	
City/Province		Postal Code	
Phone (Home)		(Work)	
Cell	Email		
AHC#	WCB#		
RELEVANT HIS	STORY		
	l treat (pre-inject	ion assessment)	
Relevant imaç	ges & results		
PATIENT DETA	JLS	ALLERGIES	
Pregnant Breastfeeding History of diabete	Y N Y N S Y N	lodine/X-ray contrast Latex Corticosteroids Other	YN YN YN
MEDICATION			
Anticoagulation Approved tempor	Y N ary discontinuation	ifrequired YN (See	reverse)
Type Couma	adin Xarelto Pradaxa	Eliquis Heparin/LM'	WH
INJECTABLES			
	chetic Syn psteroids Mor Dur Plat nST	nsured  Ivisc Cingal  novisc/Orthovisc Sport  olane Botox  relet Rich Plasma Injection PRF  TRIDE (with consult)	Vis
Other _			
Signature			
Additional con	nies to		

# **BOOKING PROTOCOL**

Appointment(s) required. Email or fax requisition to EFW Radiology. EFW Radiology to confirm appointment with patient

IMAGE GUIDED PROCEDURES		
FACET JOINT PROCEDURES  Facet joint injection  Medial branch block for potential R Cervical R L SPECIFY LEVELS Thoracic R L SPECIFY LEVELS Lumbar R L SPECIFY LEVELS Lumbar R L SPECIFY LEVELS  Repeat facet joint RF neurotomy  OTHER SPINE PROCEDURES  Pars interarticularis block for spon Sacroiliac joint injection R L SI joint Lateral branch blocks for po Repeat SI joint neurotomy R L Lumbar epidural steroid injection Transfacet cervical nerve block (C Intercostal / Subcostal nerve bloc Transforaminal epidural steroid inj / Selective nerve block (L1-S2)	adylolysis R L SPECIFY LEVELS  cotential RF neurotomy R L  Interlaminar Caudal  3-C8) SPECIFY LEVELS  k (T1-T12) SPECIFY LEVELS	
PERIPHERAL PROCEDURES		
Shoulder  Subacromial bursa R L Glenohumeral joint R L Acromioclavicular joint R L Biceps tendon (long head) R L Wrist / Hand Radiocarpal joint R L 1st CMC joint R L Carpal tunnel R L Trigger finger R L Pelvis Hip joint R L Greater trochanteric busa R L Iliopsoas bursa R L Ischial bursa R L Ganglion cyst SPECIFY SITE	Elbow  Elbow joint  Lateral epicondylitis  Medial epicondylitis  Knee  Knee joint  Genicular nerve block for potential RF neurotomy  Bursa  SPECIFY  Ankle / Foot  Tibiotalar joint  Subtalar joint  Talonavicular joint  Calcaneocuboid joint  1st MTP  Retrocalcaneal bursa  Plantar fasciitis  Other	R   L   R   R
MUSCLE BLOCKS (Anesthetic only un	nless otherwise specified)	
Psoas muscle R L Piriformis muscle R L Other	Quadratus lumborum	RL RL
OTHER PROCEDURES		
Peripheral nerve injection SPECIFY N Calcific tendinitis lavage SPECIFY TO Tenotomy SPECIFY TENDON Unspecified procedure		
Repeats for Procedure(s)  Number of times per year	Yes	No



# (403) 244-3700 EFW.ca Fax: (403) 210-8382

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# PATIENT INSTRUCTIONS

AN INFORMATION PACKET CAN BE RECEIVED VIA EMAIL

## Please Remember

- · Confirming your identification is essential to ensure accurate medical records and for your protection and security.
- You will be asked EACH VISIT to provide a VALID HEALTH CARE CARD and PICTURE ID.
- If you do not have your card you may be asked to return for your examination.
- Please bring your requisition with you.
- Please notify reception if you are diabetic.
- Patients suspecting pregnancy should consult their physician before exam date.
- You are required to give our office 3 business days notice if you need to cancel or reschedule the appointment(s).
- There are no restrictions to your diet; you may eat and drink before your procedure.
- Note that we advise against corticosteroid injection within two weeks (14 days) of any vaccination. If you have an upcoming vaccination following your corticosteroid procedure, the vaccination should be scheduled two weeks (14 days) from the last dose of corticosteroid. Please call the booking line if you have had a vaccination within 14 days of your corticosteroid injection, the appointment may need to be cancelled.
- Call (403) 244-3700 press 1 to confirm appointment(s).

#### Transportation

If you are having a procedure involving the neck, SI joints, muscle blocks, or nerve blocks in the spine, we ask that you make arrangements for transportation as you will not be able to drive after your procedure for the rest of the day. There are several other procedures which will require alternate transportation arrangements (alternate driver, bus, or cab, etc) as you will not be able to drive for the rest of the day after your procedure. Your appointment will be re-booked for these procedures if you do not have a driver. There are other procedures however, which do not require a driver and you will be allowed to drive after the procedure. Please refer to the email patient advice you received when your appointment was booked. If you did not receive this email, please call 403-244-3700. If you are having a procedure involving Thoracic Facet Injections or Pars Block Injections, a driver is not required.

#### **Antibiotics & Infection**

Please note that we will not be able to continue with your procedure if you have an active infection or are on antibiotics. The medication (cortisone) we use will reduce the effectiveness of the antibiotics. If you are on antibiotics, please call our booking line at (403)-244-3700.

#### Pain Medications

Please do not stop any pain medication that has been prescribed by your doctor without consulting him or her first.

Please reduce any over the counter pain medication (Advil, Tylenol, etc.) the day of your appointment, so that you have enough discomfort (but not extreme) to determine if your procedure has been effective in relieving your symptoms. If you are in pain despite your medications, you do not need to decrease them.

### Anticoagulants (Blood Thinners)

If you are taking anticoagulants and must temporarily discontinue them for a procedure, we will need authorization from your doctor before an appointment can be made, which will be arranged by the department. Patient can resume blood thinner on next scheduled dose. Anticoagulation Hold Protocol: Lixiana (Edoxaban): Discontinue 2 days prior (3 days including day of procedure), Pradaxa (Dabigatran): Discontinue 2 days prior

(3 days including day of procedure), Xarelto (Rivaroxoban - factor Xa inhibitor): Discontinue 2 days prior (3 days including day of procedure), Eliquis (Apixaban - factor Xa inhibitor): Discontinue 2 days prior (3 days including day of procedure), Persantine (Dipyridamole): Discontinue 4 days prior (5 days including day of procedure), Plavix (clopidogrel bisulfate): Discontinue 5 days prior (6 days including day of procedure), Aggrenox: Discontinue 3 days prior (4 days including day of procedure), Brilinta (Ticagrelor): Discontinue 5 days prior (6 days including day of procedure), Heparin-Lovenox (Enoxaparin), Fragmin (Dalteparin), Innohep (Tinzaparin), Fraxiparine (Nadroparin): Discontinue 24 hours prior; Warfarin/Coumadin: Discontinue 5 days prior (6 days including day of procedure) - INR required day prior NOTE: INR must be < 1.4.

\*Not all treatments provided at the clinic are covered by Alberta Health. Some injectables come at a cost. For your convenience majority of the injectables can be purchased at EFW Radiology Cambrian at competitive pricing. Some injectables will be required to be purchased at a pharmacy prior to the appointment, with a prescription from your physician. These details will be discussed at the time of booking.

Official diagnostic imaging provider for:















EFW is a proud partner of:











# **LOCATIONS & PARKING**

# **EFW Radiology Cambrian**

201, 2000 Veterans Place NW Calgary, AB T3B 4N2

Located on the first floor of the Cambrian Wellness Centre. Complimentary underground parking is available & will be validated at reception on the day of your appointment.

# **EFW Radiology Seton**

212, 3883 Front Street SE Calgary, AB T3M 2J6

From Front Street turn south onto 37th Street and access parking on the rear (south side) of the Seton Professional Building. Underground and above ground parking available in designated EFW Radiology stalls. Parking in nondesignated EFW stalls will not be reimbursed. The EFW building is located across the street from the South Health Campus main entrance.

## EFW Radiology Uxborough

200, 60 Uxborough PI NW, Calgary, AB T2N 2V2

Complimentary parking available on the surface lot or underground (entrance for parkade is on the south side of the building) in unassigned stalls. No payment is required when attending our Clinic, however, you must register your license plate with reception to receive complementary parking. The parking lots are independently operated and if you pay for parking we are unable to reimburse you.

# SEPARATE REQUISITIONS FOR:

General Diagnostic, Pediatric, MRI, or Liver

Available as PDF downloads on our website at EFW.ca, or call (403) 717-1816

Notice: The personal health information that you provide to FFW is collected, used and disclosed in accordance with the provisions of the Health Information Act (HIA), and is used to provide diagnostic, treatment and care services to you, and to bill Alberta Health Care for services provided. For more information, please contact the EFW Privacy O cer at (587) 470-6449